



TRABZON UNIVERSITY
SCHOOL OF FOREIGN LANGUAGES
DEPARTMENT OF FOREIGN LANGUAGES
2025-2026 ACADEMIC YEAR
MAIN COURSE SYLLABUS

Course: HZR-MC Main Course	Year: 2025-2026 Academic year	Hours: 6
Course status: Compulsory	Course type: Lecture, question & answer, discussion	Language of instruction: English
Course Tutors: Lect. Dr. Yıldırar KURNAZ E-mail: yildiraykurnaz@trabzon.edu.tr Lect. Damla KATLAN E-mail: damlakatlan@trabzon.edu.tr		
Course Book: Empower Level B1 and B2 - Cambridge University Press		

Group	Class Hours		Course Tutors
Prep A	Tuesday 13.00-16.00 (FCDZ01)	Wednesday 9.00-12.00 (FADB06)	Lect. Dr. Yıldırar KURNAZ
Prep B	Tuesday 10.00-12.00 (FADB06)	Wednesday 13.00-15.00 (FCDZ01) Thursday 15.00-17.00 (FADB06)	Lect. Damla KATLAN
Prep C	Tuesday 9.00-12.00 (FADB07)	Wednesday 13.00-15.00 (FADB07)	Lect. Dr. Yıldırar KURNAZ

This syllabus outlines the weekly structure for the Main Course, incorporating both the Empower B1 and B2 levels. The course is structured to provide a total of 168 hours across 32 weeks, with each week dedicated to a unit or specific learning objectives aligned with the Empower B1 and B2 Scope & Sequence. Note the weeks reserved for mid-term assessments, review sessions, and the final assessment.

Week	Unit	Content	Notes
1	Introduction: General information about course		Ice-breaking & class-bonding
2	Empower B1-Unit 1	People and Places	Language and vocabulary related to personal information
3	Empower B1-Unit 2	Daily Life	Focus on routine activities and frequency
4	Empower B1-Unit 3	Getting there	Transport and travel vocabulary
5	Empower B1-Unit 4	Food and Drink	Vocabulary and discussions on meals and preferences

6	Empower B1-Unit 5 (Quiz I)	Leisure Time	Entertainment and leisure activities (Quiz-I covers previous studies)
7	Empower B1-Unit 6	Health	Topics around health and wellness
8	Empower B1-Unit 7	Shopping	Shopping language and transactions (Revision before Exam)
9	Mid-term Exam	No classes held due to exam	
10	Empower B1-Unit 8	The Natural World	Environment and nature vocabulary
11	Empower B1-Unit 9	Technology	Technology-related discussions
12	Empower B1-Unit 10 (Quiz II – Pop-up)	Living Spaces	Home and Lifestyle
13	Empower B1-Unit 11 (Quiz II – Pop-up)	Relationships	Social Connections and Relationships
14	Empower B1-Unit 12 (Quiz II – Pop-up)	Language Review	Revision of Units 1-11
15	Review of B1 Units 1-12	Revision	Structured review sessions with practice tests
16	Mid-term Exam	No classes held due to exam	
17	Empower B2-Unit 1	Moving to a New Country	Culture and adaptation discussions
18	Empower B2-Unit 2	At Work	Career vocabulary and expressions
19	Empower B2-Unit 3	In the Media	News and media Language
20	Empower B2-Unit 4	Society and People	Community and society topics
21	Empower B2-Unit 5 Quiz III	History and Events	Past events and history vocabulary
22	Empower B2-Unit 6	Science and Discovery	Innovations and discoveries
23	Empower B2-Unit 7	The Arts	Art and culture vocabulary
24	Empower B2-Unit 8	Money and Life Style	Financial topics and lifestyle choices
25	Mid-term Exam	No classes held due to exam	
26	Empower B2-Unit 9	Health and Fitness	Wellness and fitness vocabulary
27	Empower B2-Unit 10	The Environment	Environment discussions and sustainability
28	Empower B2-Unit 11	Education and Learning	Topics on education systems
29	Empower B2-Unit 12	Technology in the Future	Future technology and predictions
30	Empower B2 - Unit Review	Revision	Review of Units 1-12 with discussions and practice
31	Final Review	Revision	Preparation for final assessment
32	Final Exam	No classes held due to exam	